



Palliative Care Week 2026- Booklist

6–12 September 2026

Theme: “It’s Not What You Think”

**Ideas, resources and reading suggestions for
libraries across Ireland**



AIIHPC

All Ireland Institute of
Hospice and Palliative Care



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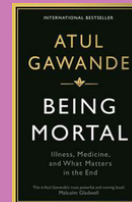
***Supporting community conversations through libraries
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Adult Books

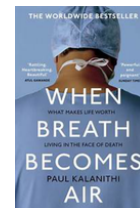
With The End In Mind - Kathryn Mannix
Compassionate insights from a palliative care doctor about the process of dying.



Being Mortal - Atul Gawande
A profound look at aging, mortality, and medicine's role in improving end-of-life care.



When Breath Becomes Air - Paul Kalanithi
A moving memoir by a neurosurgeon reflecting on life and purpose after a terminal diagnosis.



My Father's Wake - Kevin Toolis
Explores Irish traditions around death and their deep cultural significance.



Notes On Grief - Chimamanda Ngozi Adichie
A powerful meditation on the author's experience of losing her father.



Digital Legacy Plan - Angela Crocker & Vicki McLeod
A guide to managing your digital assets and online presence after death.

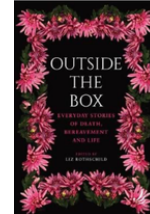




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Outside The Box - Liz Rothschild
A celebratory exploration of life, death, and the rituals surrounding them.



Smoke Gets In Your Eyes - Caitlin Doughty
A witty, honest account of working in the funeral industry and death's cultural taboos.



One Day At A Time - Hilary Scott
Offers practical advice and hope for navigating grief and loss.



Can't We Talk About Something More Pleasant? - Roz Chast
A candid and humorous graphic memoir about caring for aging parents.



The Year Of Magical Thinking - Joan Didion
A heart-wrenching memoir on loss and the journey of grief.



The Five Secrets You Must Discover Before You Die - John Izzo
Insights from interviews with elders on living a meaningful life.





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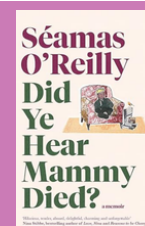
All The Ghosts In The Machine - Elaine Kasket

Explores the digital afterlife and managing online data posthumously.



Did Ye Hear Mammy Died? - Seamus O'Reilly

A humorous and poignant memoir about losing a parent as a child.



Life After Death (A Collection Of Poems) - Margaret Rowlandson

Apoetic exploration of grief and healing.

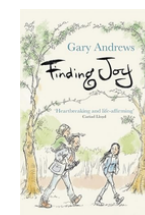


It's OK That You're Not OK - Megan Devine
A compassionate guide to dealing with grief and loss.



Finding Joy - Gary Andrews

A creative and uplifting journey through grief in illustrated form.



The Gentle Art Of Swedish Death Cleaning - Margareta Magnusson

Practical advice on simplifying your life and legacy.





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Motherhood Missed - Lois Tonkin
An exploration of grief and meaning for women without children.



Funerals Your Way - Sarah Jones
A guide to personalizing end-of-life rituals and ceremonies.



Letters From The Grief Club - Beth French & Kate Moreton
A unique collection of heartfelt letters offering solace in grief.



Listen - Kathryn Mannix
Explores the power of listening in fostering meaningful conversations about death.



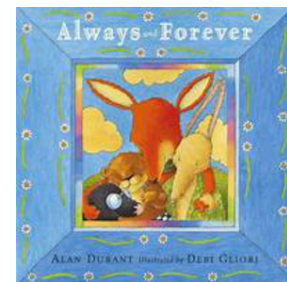


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Children and Young People’s Books

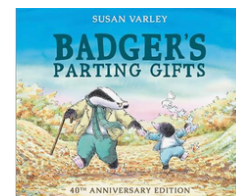
Always and Forever - D. Gliori & A. Durant
A gentle, heartfelt story for young children about coping with loss.



The Invisible String - Patrice Karst
Reassures children about the enduring connection of love even after loss.



Badger’s Parting Gifts - Susan Varley
Helps children understand loss through the story of a wise, beloved badger.



The Cat Mummy - Jacqueline Wilson
A touching story that introduces young readers to the concept of grief.



You Will Be OK - Julie Stokes
Provides children with tools and reassurance for dealing with bereavement.



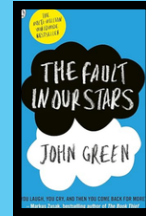


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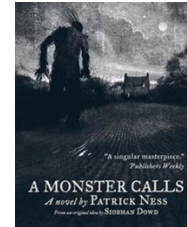
The Fault in Our Stars - John Green

A poignant story of love and loss for older children and teens.



A Monster Calls - Patrick Ness & Siobhan Dowd

Explores grief and acceptance through a moving narrative.





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For People with Learning Disabilities

Am I Going to Die? - Sheila Hollins & Irene
Tuffrey-Wijne

A resource answering questions about death
with clarity and sensitivity.



When Somebody Dies - Sheila Hollins &
Irene Tuffrey-Wijne

Helps individuals with learning disabilities
understand grief and bereavement.

When Mum Died - Sheila Hollins & Irene
Tuffrey-Wijne

Offers support for coping with the loss of a
mother.

When Dad Died - Sheila Hollins & Irene
Tuffrey-Wijne

Provides guidance for those processing the
loss of a father.

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*This reading list is based on the “Death
Positive Libraries” resource developed
by Compassionate Communities
Northern Ireland and has been
adapted for Palliative Care Week 2026.*